



**Here is your packing guide for campers.
PLEASE LABEL ALL ITEMS**

CABIN ITEMS

- Sleeping Bag
- Pillow
- Security blanket or stuffed animal (if applicable)
- Laundry Bag or Extra Pillow Case for laundry

- Soap
- Shampoo
- **Towel** and Washcloth
- **Beach Towel**
- Comb/Brush (hair accessories)
- Pull ups (if necessary)
- Chap-stick
- Any other necessary personal items

CLOTHES

- 4 pairs of underwear
- 4 pairs of socks
- 3 pairs of long pants
- 3 pairs of shorts
- 4 shirts
- 1 pair for long underwear
- Sweatshirt
- Rain Coat/Poncho
- Sweat Pants
- Hat
- Sunglasses
- Water Shoes
- Tennis Shoes
- Swimsuit
- Pajamas

THEME NIGHTS * You may bring dress up gear, we will have some dress up gear available if you are unable.

- Animal Theme Night
- Olympics/Sports Theme
- Oscar Awards (Glamorous dresses, make up, suits, ties, etc)

Do not bring:

- X Portable electronics
- X Valuables
- X Open Toe Shoes
- X Food
- X Cell Phones

PERSONAL CARE ITEMS

- Shower Shoes
- Toothbrush and Toothpaste

MEDIATIONS/SUPPLEMENTS

- Medication sent to camp needs to be in original container with the camper name, medication name, and dosing instructions.
- Send enough medication to cover the duration of the camp.
- No daily or weekly pill holders.
- Send medical appliances used at home (IV pumps, tube feeding supplies, CPAPS/BiPaps etc.)